No. of Printed Pages/ Questions: 2/5

O.P. JINDAL SCHOOL, SAVITRINAGAR

Periodic Test -2(Round-1) (2026-2027)

Class VI Section ..... **MM: 20**
Subject: English **Time: 01 Hour**
Name: ..... **Roll No.....**
.....

General instructions :

1. The Question Paper contains three sections – READING, WRITING & GRAMMAR AND LITERATURE.

2. Attempt all questions.

Section-A Reading (4 marks)

Q1. Read the passage carefully.

Healthy food is one of the most important factors for a happy and active life. It provides our body with the nutrients, vitamins, and minerals needed for proper growth and development. Eating a balanced diet that includes fruits, vegetables, whole grains, milk, pulses, and proteins helps us stay fit and energetic. Healthy food also strengthens our immune system, making it easier for our body to fight diseases and infections. On the other hand, eating too much junk food, such as chips, burgers, soft drinks, and sweets, can lead to obesity, diabetes, and heart problems. These foods contain high amounts of sugar, salt, and unhealthy fats but very little nutrition. Therefore, they should be eaten only occasionally.

Healthy eating is not only about choosing the right foods but also about eating meals at the right time and drinking plenty of water. Regular physical exercise, along with a healthy diet, keeps both the body and mind strong. Students who eat nutritious food are often more active, have better concentration, and perform well in their studies. Parents and teachers should encourage children to develop healthy eating habits from an early age. Preparing fresh meals at home and avoiding processed foods can greatly improve overall health.

On the basis of reading of the passage answer the following questions: **(1x4=4 marks)**

1. What does healthy food provide to our body?
   i) Only energy
   ii) Nutrients, vitamins, and minerals
   iii) Sugar and fats
   iv) Artificial flavors

2. Which of the following is considered junk food?
   i) Fruits and vegetables
   ii) Milk and pulses
   iii) Chips and soft drinks
   iv) Whole grains

3. Which word in the extract means 'sometimes or not always'?
   i) Occasionally
   ii) Factors
   iii) Immune
   iv) Often

4. What is necessary to keep the body and mind strong?

Section- B (Writing & Grammar)(8 marks)

Q2. Write a letter to the Principal of your school requesting him/her to grant you three days leave as you are not well.. (70-80 words) **(5 marks)**

OR

Write a letter to the Principal asking him/her to arrange a book fair in school. (70-80 words words)

Q3. Do as directed . **(1x3=3 marks)**

1. 'Raman speaks English fluently'. (Identify the tense of the given sentence.)
   i) Simple Past ii) Simple Future
   ii) Simple Present iv) None of these

2. She .... the work tomorrow(finish) (Fill in the blank with simple future tense)

3. 'It snows every winter.' Convert the given sentence into Simple Past Tense.

Section-C(Literature) (8 marks)

Q4. Read the extract and answer the questions. **(1x2=2 marks)**

Said the Fox,in admiring tones: "My word!
Sir Raven ,you are a handsome bird.
Such feathers! If you would only sing,
The birds of these woods would call you king."

1. What did the Fox call the Raven?
i) A clever bird ii) A foolish bird
iii) A handsome bird iv) None of these

2. What was the condition put by the For for the Raven to do to be called as king?
i) To sing ii) To dance
iii) Both (i) and (ii) iv) None of these

Q5. Answer **any two** of the following questions in 30-40 words each. **(3x2=6 marks)**

a) What was the reason for which the man and his wife were not able to sleep?
b) What was the lesson that the Raven got in the poem 'The Raven and the Fox?
c) Give a reason to support that the kotwal was good at his work in the lesson 'Rama to the Rescue'.

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